# CLEANLINESS 

## DAILY

$\square$ Wash the Dishes
$\square$ Wipe Down All Surfaces
$\square$ Clean the Sink
$\square$ Clean Any Used Cooking Equipment

## MONTHLY

De-Clutter
$\square$ Clean the Fridge
$\square$ Clean the Pantry
$\square$ Clean the Baseboards
$\square$ Organize and Clean Cooking Supplies and Utensils

## WEEKLY

Sweep and Mop the Floor
$\square$ Wipe Down the Appliances
$\square$ Clean the Stovetop
$\square$ Clean the Vent Hood
$\square$ Wipe Down the Backsplash

## SEASONALLY

$\square$ Clean Out Fridge Coils
$\square$ Clean Around Windows
$\square$ Empty Cabinets, Cupboards and Clean Thoroughly
$\square$ Clean Exteriors of Cabinets and Cupboards
$\square$ Pull Out Oven and Clean Behind
$\square$ Wipe Down Heavily Used Cookbooks

